



Pacific Waves Synchronized Swimming

Minutes

10/6/2024

via Zoom

Meeting called by Amy Bonte (board member) and Natalie Montgomery (head coach)

Board members: Amy Bonte (President), Laura Hopkins (Vice President), Shelly Robinson (Treasurer), Leslie Sims (Secretary), Natalie Montgomery (Member-at-large 1), Michelle Spencer (Member-at-large 2), Candice (Member-at-large 3)

Call to order: 7:06 pm

Roll Call: Amy Bonte, Michelle Spencer, Natalie Montgomery, Leslie Sims, Candice Morrow (7:15)

Approval of prior board meeting minutes: September 3, 2024 - Natalie moves for approval, Michelle seconds, 4 in favor - 0 opposed

Chairman Report

- By-laws: Term Limits
 - Pro's - diversity, prevents stagnation
 - Con's - the fact that swimmers age out means that most parents do not serve for long. It also means that we can continue to have Masters and a coach continue to represent. Most of us continue to serve because there is not a lot of demand to take over a position due to being a small club.
 - Solution: We could consider having a rotation option.

Head Coach Report (Natalie)

- Event Schedule Final - This event schedule is almost finalized. We are waiting on details from UPS and from Seattle Synchro. Attending a meet in British Columbia, CA will not happen this season. Instead, the BC club will participate in a couple of our invitational meets.
- Practice Schedule - Coach Natalie has emailed this to each team.
- Team Trials Results - These results were shared with swimmers at the MOD Pizza event on Oct. 2.
- Meet your Teammates at MOD-Oct.2 - \$171.08 raised.
- Synchro-Thon 2024/Halloween Practice - October 26th. Included will be team gear "garage sale", Quoc's PWSS Shop(Eleanor's dad) handmade PWSS



merchandise include medal holders and stickers to benefit the club, Candice will help set up some decorations, Lora will hand out goody bags created from donations.

- Levels Testing - Nov 16-17 in Redmond. Some PWSS swimmers will do 2 levels at a time. Swimmer's who do not need to test are asked to help volunteer.
- USAAS Club Excellence Program - No new information at this time.
- Coaches Contracts - Should be drafted and ready soon.
- New Swimmer Orientation - October 26 at 9:30am on the pool deck led by Michelle Spencer.

PNA report:

- Tech Chair - Michelle Spencer has agreed to the Tech Chair position for 2024-2025 season.
- Next PNA meeting is November 2.
- Sound Team recommends PNA purchase a new above water/air speaker. Natalie will present request at next PNA meeting.

Treasurer report: (Shelly)

- Account balances as of 10/6/24:
 - Coach Checking: \$140.70
 - Checking: \$15,869.42
 - Savings: \$22,462.40
- Budget 2024-2025: Shelly is updating the budget now that she knows how many swimmers/routines we are billing for. I will have the updated information available at the next board meeting.
- Sports Engine Update - Natalie and Shelly have been having weekly Zoom calls with Sports Engine. Continued training is needed before going live. Sports Engine offers many helpful features especially with club billing and payments.
- Club Needs/Wants - Extension bands, suits for free and acro teams, possible new suits for intermediates. Coach Natalie will send underwater speaker back to Lubell to repair wiring.

Committee Presentation:

- Finance Committee (Shelly)
N/A
- Fundraising Committee (Lora & Jason Parks)



- Synchro-thon- October 26th-Minimum of \$250. This is a required fundraiser that benefits the club as a whole. Email with details sent to PWSS members.
 - Restaurant Take-over #1: MOD Pizza-Oct.2. Profit: \$171.08
 - Evergreen Wreaths: Oct/Nov – Sale begins Oct.1st. Email with details sent to PWSS members. This is an optional fundraiser that benefits the swimmer directly.
 - WaterShow Auction - Lora Parks continues to seek donations for the auction.
 - Business Donations: Lora Parks continues to seek donations from local businesses.
 - Grants: Lora Parks continues to seek grants.
- Recruiting and Retention Committee (Amy)
 - Pacific Pals: Announce Oct. 2nd
 - Have a conversation with Jake about encouraging level 4 lesson swimmers to come try a free lesson with us
 - We had success with offering a summer camp at both Marine Hills Pool and Olympic View pool. Continue offering next summer at these locations.
 - Create poster for A-board and put out front of the facility or pool deck whichever FWCC allows. Amy will create a poster.
 - Instagram presence has been helpful with the takeovers. Consider having a new FB invite as an event.
 - Social Media & Marketing Committee - Natalie and Lindsey have been doing a great job!

New Business: Paid Zoom account? We feel like using the free account has been working for us.

Meetings will alternate between Sunday evening Zoom at 7:00pm and Mondays on Zoom at 7:40pm.

Next Meeting: Board Meeting-Monday, November 4th at 7:00pm.

Adjournment: 8:00pm